What is claimed is:

1. A variable vent valve diffuser, comprising:

a conduit having at least one aperture; and

an adjustable plug residing within the conduit and adapted to move relative to the at least one aperture based on a sensed parameter of operation.

- 2. The variable vent valve diffuser of claim 1, wherein the aperture is a diffuser element forming part of the conduit, the diffuser element being variably exposed to an interior of the conduit dependent upon the position of the plug.
- 3. The variable vent valve diffuser of claim 2, wherein the plug adjusts slidably in response to first and second opposing forces acting on the plug, the first force acting on a first end of the plug and being generated by fluid pressure within the conduit, the second force acting on a second end of the plug and being generated by a spring.
- 4. The variable vent valve diffuser of claim 3, further comprising a preload assembly adapted to impart a compressive force on the spring to thereby adjust the preload in the spring.
- 4. The variable vent valve diffuser of claim 3, further comprising a control valve in fluid communication with the conduit, the control valve adapted to monitor fluid pressure within the conduit, and generate a third force adapted to act on the plug.
- 5. The variable vent valve diffuser of claim 4, wherein the third force acts on the second end of the plug.
- 6. The variable vent valve diffuser of claim 4, wherein the control valve generates the third force based on a comparison between the monitored fluid pressure and a predetermined threshold.

- 7. A method for releasing fluid pressure from a conduit, comprising:

 providing a movable plug within the conduit;

 providing an aperture in the conduit; and

 moving the plug relative to the aperture based on a sensed parameter of operation.
- 8. The method of claim 7, wherein the moving step is performed by sliding the plug within the conduit.
- 9. The method of claim 6, wherein the plug is slid by first and second opposing forces acting on first and second opposing ends of the plug, the first force being generated by fluid pressure within the conduit, and the second force being generated by a spring.
 - 10. The method of claim 6, further comprising:

identifying a pressure drop between at least two different points along the conduit; and

introducing an additional force opposite the end exposed to fluid pressure within the conduit to adjust the position of the plug.

11. A fluid pressure releasing vent diffuser, comprising:

an output conduit adapted to be connected to a source of pressurized fluid;
a retainer guide connected to the output conduit, the guide retainer having a
closed end;

a diffuser element positioned within the retainer guide;

a plug slidably disposed within the retainer guide and adapted to move relative to the diffuser element; and

a spring positioned between the plug and the closed end of the retainer guide, the spring biasing the plug toward a closed diffuser position, and fluid pressure biasing the plug toward an open diffuser position.

- 12. The fluid pressure releasing vent diffuser of claim 11, further including a supplemental source of pressurized fluid in communication with the retainer guide and acting on the plug.
- 13. The fluid pressure releasing vent diffuser of claim 12, wherein the supplemental source of pressurized fluid is the same source of pressurized fluid connected to the output conduit.
- 14. The fluid pressure releasing vent diffuser of claim 13, further including a control valve connected to the supplemental source of pressurized fluid and the closed end of the retainer guide.
- 15. The fluid pressure releasing vent diffuser of claim 14, further including a pressure sensor operatively associated with the output conduit and adapted to transmit a signal representative of fluid pressure to the control valve, the control valve being adapted to direct fluid pressure to the closed end of the retainer guide based on the fluid pressure signal.

- 16. The fluid pressure releasing vent diffuser of claim 15, wherein the pressure sensor includes an orifice plate in the output conduit and first and second pressure taps on opposite sides of the orifice plate.
- 17. The fluid pressure releasing vent diffuser of claim 16, wherein the first and second pressure taps are static pressure sensors.
- 18. The fluid pressure releasing vent diffuser of claim 16, wherein the control valve is a three-way control valve.
- 19. The fluid pressure releasing vent diffuser of claim 16, further including a relief valve between the control valve and the guide retainer, the relief valve adapted to relieve all fluid pressure from acting on a backside of the plug.
- 20. The fluid pressure releasing vent diffuser of claim 19, wherein the relief valve is solenoid actuated.
- 21. The fluid pressure releasing vent diffuser of claim 11, further including a spring pre-load adjustment mechanism.
- 22. The fluid pressure releasing vent diffuser of claim 21, wherein the spring pre-load adjustment mechanism is a threaded assembly adapted to impart compressive force on the spring.

23. A variable vent diffuser, comprising:

a guide retainer adapted to be connected to an output discharging fluid pressure, the guide having at least one aperture;

a movable element adapted to move within the guide and variably open and close the aperture; and

means for automatically adjusting the movable element relative to the aperture based on at least one operating parameter.

- 24. The variable vent diffuser of claim 23, wherein the at least one aperture is a diffuser element positioned within the guide retainer.
- 25. The variable vent diffuser of claim 24, wherein the movable element is a sliding plug positioned with the guide retainer and diffuser.
- 26. The variable vent diffuser of claim 25, wherein the means for automatically adjusting includes a spring biasing the plug against the discharging fluid pressure toward a closed position.
- 27. The variable vent diffuser of claim 26, wherein the means for automatically adjusting further includes a conduit connecting the discharging fluid to the plug and acting in concert with the spring.
- 28. The variable vent diffuser of claim 27, wherein the means for automatically adjusting further includes a control valve in the conduit connecting the discharging fluid to the plug.
- 29. The variable vent diffuser of claim 28, wherein the means for automatically adjusting further includes a sensor adapted to monitor an operating parameter of a machine with which the variable vent diffuser is operatively associated.

- 30. The variable vent diffuser of claim 29, wherein the operating parameter is fluid pressure within the output conduit, and wherein the means for automatically adjusting includes a pressure sensor adapted to transmit a signal representative of fluid pressure to the control valve.
- 31. The variable vent diffuser of claim 30, wherein the pressure sensor includes an orifice plate in the output conduit and first and second pressure taps on opposite sides of the orifice plate.
- 32. The variable vent diffuser of claim 31, wherein the pressure taps are static pressure sensors.
- 33. The variable vent diffuser of claim 31, wherein the control valve generates a control signal to the solenoid operating a safety valve based on a comparison of fluid pressure to a predetermined value.
- 34. The variable vent diffuser of claim 28, wherein the means for automatically adjusting further includes a relief valve adapted to adjust the plug to a fully open position.